

Confidential Patient Data

Name: _____ Date of Birth: _____ Age: _____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____ Work Phone: _____

Marital Status: Married Single Divorced Separated Other _____

Name of Spouse or Nearest Relative: _____ Phone: _____

Occupation _____ Employer: _____ Your E-Mail _____

Name of Insurance Co: _____ (We will photocopy your ID card.)

MEDICAL HISTORY (Please indicate which conditions apply to **you**.)

- Depression / Anxiety
- Diabetes
- High Blood Pressure
- Stroke (date) _____
- Corticosteroid Use (cortisone, prednisone, etc)
- Taking Birth Control Pills
- Dizziness or Fainting
- Numbness in Groin or Buttocks
- Recent High Fever
- Epilepsy/Seizures
- Cancer/Tumor(explain) _____
- Currently Pregnant # of weeks _____
- Abnormal Weight Gain Loss Why? _____
- Noticeable Morning Pain or Stiffness
- Pain is NOT relieved by Changing Position or Resting
- Pain at Night
- Chronic Pain more than 3 months _____
- Other Health Problems _____

FAMILY HISTORY:

Mother Cancer Heart Problems Stroke High Blood Pressure Diabetes Rheumatoid Arthritis
Father Cancer Heart Problems Stroke High Blood Pressure Diabetes Rheumatoid Arthritis

Have you been treated by a physician for any condition in the last year? Yes No Date of Last Visit _____

Describe Condition _____ Physicians Name _____

Have you had spinal X-rays, MRI,CT for this condition? If yes date taken? _____

Your Primary Care Physician _____

SURGICAL HISTORY:

- 1. _____ Date: _____
- 2. _____ Date: _____

Have you ever had a metal implant? Yes No

ACCIDENT HISTORY:

- Job Auto Other _____ Date: _____
- Job Auto Other _____ Date: _____

Social History

Tobacco usage Never Former Occasional Everyday
 Alcohol usage None Light Moderate Heavy
 Drug usage None Light Moderate Heavy
 Exercise Never Seldom Occasional Frequent

Y N Review of Body Systems

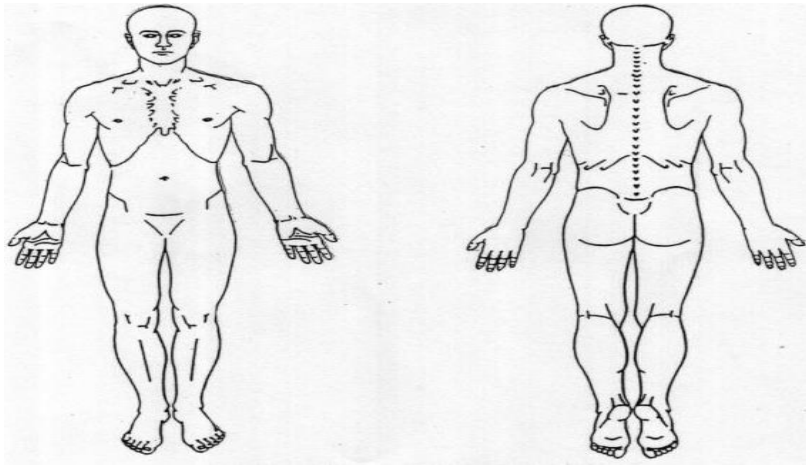
- Respiratory- hearing, sinus, allergy, throat _____
- Heart//Lungs- chest pain or heart palpitations, asthma _____
- Vascular-edema, coldness, varicose veins, swelling _____
- Urinary-Frequency, urgency, infection, stones _____
- Female- PMS, menopausal, weight change _____

Y N

- Male-Prostate, other _____
- Neurological- Seizures, falling, arm/leg weakness _____
- Endocrine ankle swelling, fatigue , sudden weight change _____
- Blood//Lymphatic- Swollen lymph nodes, anemia. clots__
- Allergy – Food, airborne, hay fever _____

PLEASE CHECK ANY ADDITIONAL SYMPTOMS YOU MAY BE EXPERIENCING:

- blurred vision buzzing-ears cold hands or feet weak arms or legs numb hands or feet fatigue loss of balance



Mark with an X on the picture where you have pain or other symptoms

Headache Neck Pain Mid/Upper Back Pain Low Back Pain Other _____

Circle the number that best describes your pain, 1 to 10 (with 1 being least severe)

 0 1 2 3 4 5 6 7 8 9 10

SYMPTOMS ARE WORSE IN Morning Afternoon Evening Sleeping/Nighttime

Describe the pain : ache dull stiff tight sharp burning throbbing shooting diffuse deep numb tingle

Date problem began? _____ How problem began? _____

SYMPTOMS RELATED TO: Reported Work Injury Auto Injury No Injury Other _____
 FREQUENCY of SYMPTOMS: 0 to 25% 25 to 50% 50 to 75% 75 to 100% Constant Constant -varies

Interference with daily activities, 1 to 10 (with 1 being least severe)

 0 1 2 3 4 5 6 7 8 9 10

HAVE YOU HAD ANY PRIOR TREATMENT FOR THIS CONDITION? NO YES

Medication for Pain Muscle relaxer Anti-inflammatory Therapy: _____ Steroid injection Chiropractor

Are you allergic to any medications? NO YES What kind? _____

CURRENT MEDICATIONS NO YES List by: Name- Strength- Daily Dosage

1 _____ 2 _____ 3 _____ 4 _____

DAILY ACTIVITIES THIS CONDITION INTERFERES WITH:

SLEEPING/LYING DOWN SITTING WALKING STANDING DRIVE CAR EXERCISE
 HOUSEWORK DRESSING/BATHING LIFTING HURTS NECK LIFTING HURTS LOW BACK

Any others? _____ _____

PLEASE CHECK THE FOLLOWING ACTIVITIES THAT *RELIEVE* YOUR CONDITION:

BENDING SITTING STRETCHING STANDING LYING DOWN WALKING _____

Your Signature: _____ Date: _____